



EASTMOUNT PARK SOFTBALL

905-388-6016

www.eastmountpark.com

eastmountpark@gmail.com

115 East 26th St.

Hamilton, Ontario L8V 3C5

ADULT SLO-PITCH LEAGUE RULES 2026

*NO ALCOHOL AT THE PARK

SPN RULES APPLY

ZERO TOLERANCE POLICIES IN EFFECT AT ALL TIMES

-Umpire's calls are final

-NO headfirst sliding

-7 guys and 3 girls (Minimum of 8 players, with 2 girls)

-No game can be played with only 1 girl

-If your team forfeits at game time, you will be required to pay \$35 the next week for that umpire

-We play with a safe and commit line

-15 minute courtesy for games

-Home teams set up and take down bases

-Pitching is six feet to unlimited with plate

-Rubber cleats ONLY

-All players must sign game sheets (some will be provided; please make copies)

-7 inning games (5 runs per inning; 15 run mercy after 5)

-Bats must have thumb print

-No throwing batter out at first from the outfield

IF SUSPENDED:

- First time, you will miss the next game
- Second time, meeting with committee to determine if you will still be eligible to continue playing
- Third time, you will be automatically done for the season
- Even a first offence could result in a season-ending suspension